

Falafel Flatbread with Salsa Dressing



Serves: 10

Profitability:

Steps:

For the falafel

Blitz all ingredients except sunflower oil and bread and shape into 10 patties

Fry for 3 minutes each side

For the salsa

Mix all ingredients, and season to taste

To serve put one warm falafel in a toasted pita with a generous serving of salsa and green salad

Ingredients:

Falafel

800g tinned chickpeas, rinsed, drained and dried

10g garlic, chopped

5g vegetable bouillon

10g flat leaf parsley, chopped

1 tbsp Moroccan spice mix

50g plain flour

10ml sunflower oil

Salsa

400g MAGGI rich & rustic tomato sauce

1 garlic clove, crushed

100g banana shallot, finely diced

100g cucumber, de-seeded, finely diced

100g orange bell pepper, finely diced

1 tsp smoked paprika