

Turkish Delight Special Chicken



Serves: 4

Profitability:

Steps:

Blitz the garlic and vegetable oil until fine, add the tomato purée and blitz

In a bowl, mix the chicken, salt, pepper, chilli and cumin, then add the blended tomato and rub mixture into the chicken

BBQ or pan fry the chicken until cooked

Serve with long grain rice and thick natural yoghurt

Ingredients:

8 chicken thighs, with bone and skin off

2 tbsp tomato purée

4 pieces of garlic

1 tsp oregano

1/2 tsp black pepper

Pinch chilli powder

1 tsp salt

4 tbsp vegetable oil

1 tsp ground cumin powder